

# Evaluation of the EasyScreen<sup>TM</sup> C. difficile Detection Kit for tcdA and tcdB



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# **Introduction and Purpose:**

More severe Clostridium difficile infection (CDI) which originated in North America in the early 2000s has now spread world-wide and it has become vital for a early definitive diagnosis of CDI to made. This has been a driving force behind rapid advances in laboratory-based technologies particularly nucleic acid amplification tests (NAATs) which promise rapid turn around times. This study evaluated the recently developed EasyScreen<sup>TM</sup> Detection Kit (Fig.1) that uses 3base<sup>TM</sup> chemistry in which all cytosine bases are converted to uracil to improve the efficiency of RT PCR by reducing the temperature variability in multiplex reactions making it possible to amplify both toxin A and B genes simultaneously for the identification of toxigenic *C. difficile*. The *EasyScreen*<sup>TM</sup> Detection Kit may be used on a variety of RT PCR platforms after either manual or automated extraction.



Fig.1. EasyScreen C. difficile Detection Kit.

# Methods:

### Faecal samples

304 stool samples from the Enteric Laboratory of PathWest Laboratory Medicine (WA) and all samples assayed for glutamate dehydrogenase (GDH) using Wampole® CHEKTM-60 (TechLab). All positives tested with the BD GeneOhm Cdiff assay. All specimens stored at -20°C until assayed with the EasyScreen TM C. difficile Detection Kit.

#### C. difficile culture, identification and ribotyping

Stool samples cultured on ChromID C. difficile agar before storage. C. difficile isolates were identified phenotypically<sup>1</sup>, ribotyped<sup>2</sup> and, if required, toxin profiled by PCR 3,4.

#### EasyScreen TM C difficile assay

All faecal samples were manually extracted following manufacturer's instructions and assayed on a Roche Lightcycler® LC480 following Genetic Signatures protocol (~2 h) (Fig. 2). Inhibited samples were diluted either 1/5 or 1/12.5 and re-analysed.

#### Resolution of false positives and negatives

Growth of toxigenic *C. difficile* on ChromID *C. difficile* agar was a true positive. False positives results were resolved by enrichment culture in Robertson's Cooked Meat (RCM) medium containing gentamicin (4 mg/L), cefoxitin (8 mg/L) and cycloserine (200 mg/L) for 7 days before plating onto cycloserine cefoxitin fructose agar containing 0.1% sodium taurocholate (CCFA) after alcohol shock. False negative results were resolved by repeated faecal extraction and re-testing.

#### EasyScreen TM C. difficile Reflex assay

All positives with the *EasyScreen*<sup>TM</sup> Detection Kit were retested with the EasyScreen™ C. difficile Reflex Kit which targets the ∆117 deletion in the tcdC gene, the threonine to isoleucine substitution in the gyrase A gene responsible for fluoroquinolone resistance and the binary toxin gene (cdtA) to look for the presence of epidemic strains of ribotype (RT) 027 and 078.

## Results:

EasyScreen TM C. difficile Detection assay

304 stool samples with 34 (11.2%) inhibited. The initial high inhibition rate was thought to be due to manual extraction. After dilution only 2 (0.6%) were inhibited (Table 1).

Table 1: Sensitivity, specificity, PPV and NPV unchanged by resolution of false positives and false negatives.

	Initial Results	After Resolution
True positives	32	33
True negatives	263	265
False positives	4	3
False negatives	3	3
Inhibited	2	0
Sensitivity	91.4	91.7
Specificity	98.5	98.9
PPV	88.9	91.7
NPV	98.9	98.9

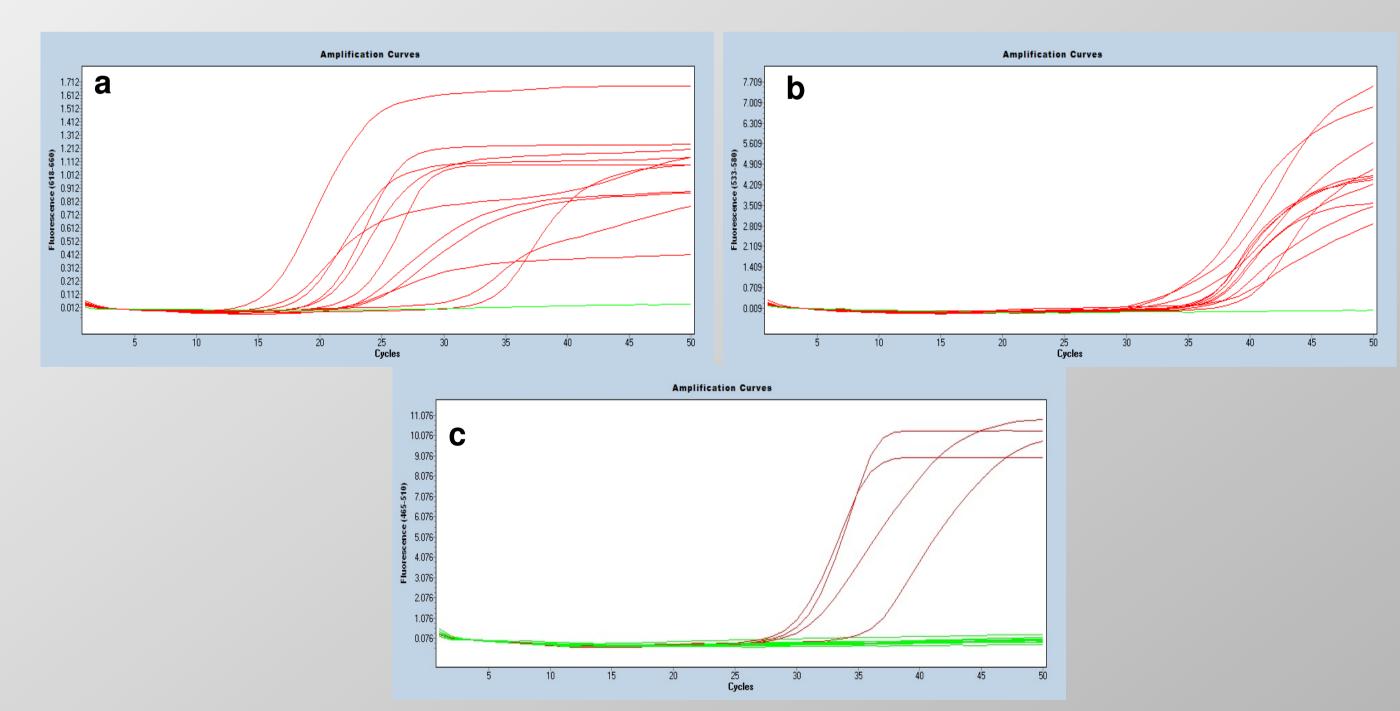


Fig.2. Amplification curves that represent (a) extraction control, (b) internal positive control and (c) detection of toxin genes in EasyScreen M C. difficile Detection Kit.

#### Results:

EasyScreen TM C. difficile Reflex

Positive faecal extracts tested for the presence of possible 'epidemic strains' RT 027 and RT 078. One extract was positive for binary toxin and the deletion in tcdC. This sample grew RT 244.

# Results:

Ribotyping

Major ribotype was 014/020 group with 16 (44%) isolates. Another 4 isolates were RT 002 and all other isolates belonged to various RTs. 4 were not able to be named with our reference collection. All false negatives were 014/020 group.

GDH positive samples

79% agreement between BD GeneOhm and EasyScreen<sup>TM</sup> with Cohen's kappa value at 0.543 (moderate agreement) (Table 2).

Table 2: A subset of 52 GDH positive stools assayed with BD GeneOhm and *EasyScreen™ C. difficile* were compared.

	EasyScreen	BD GeneOhm
True positives	30	27
True negatives	19	12
False positives	1	9
False negatives	2	4
Sensitivity	93.7	87.1
Specificity	95.0	57.1
PPV	96.8	75.0
NPV	90.5	75.0

# Conclusions:

- Sensitivity (91.7%) and specificity (98.9%) of EasyScreen C. difficile Identification Kit were comparable with other commercial NAAT systems
- All false negatives were RT 014/020
- The EasyScreen TM C. difficile Reflex Kit detected cdtA and the  $\Delta 117$  deletion in tcdC of RT244 strains

Disclosure: Genetic Signatures (Randwick, NSW, Australia) supplied kits used in this study, and technical advice and assistance.

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